

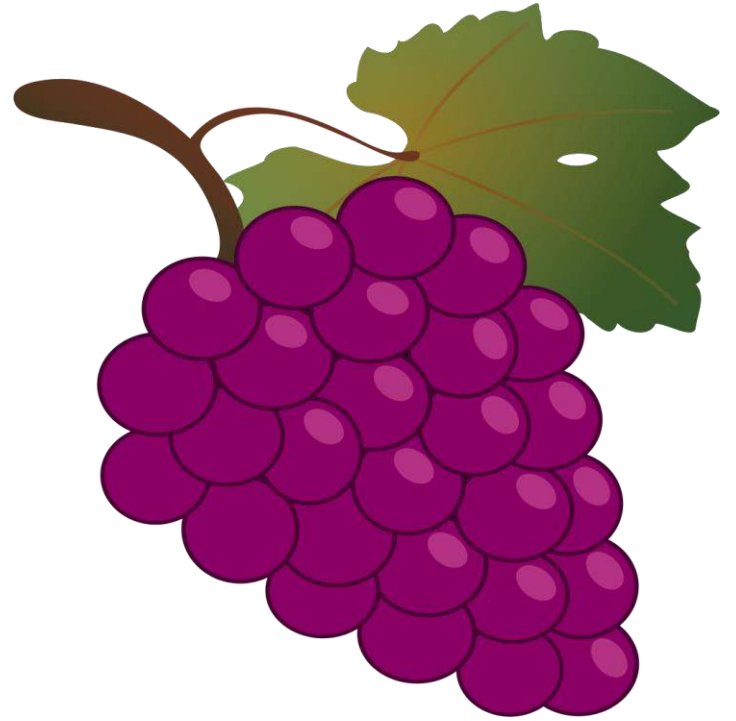


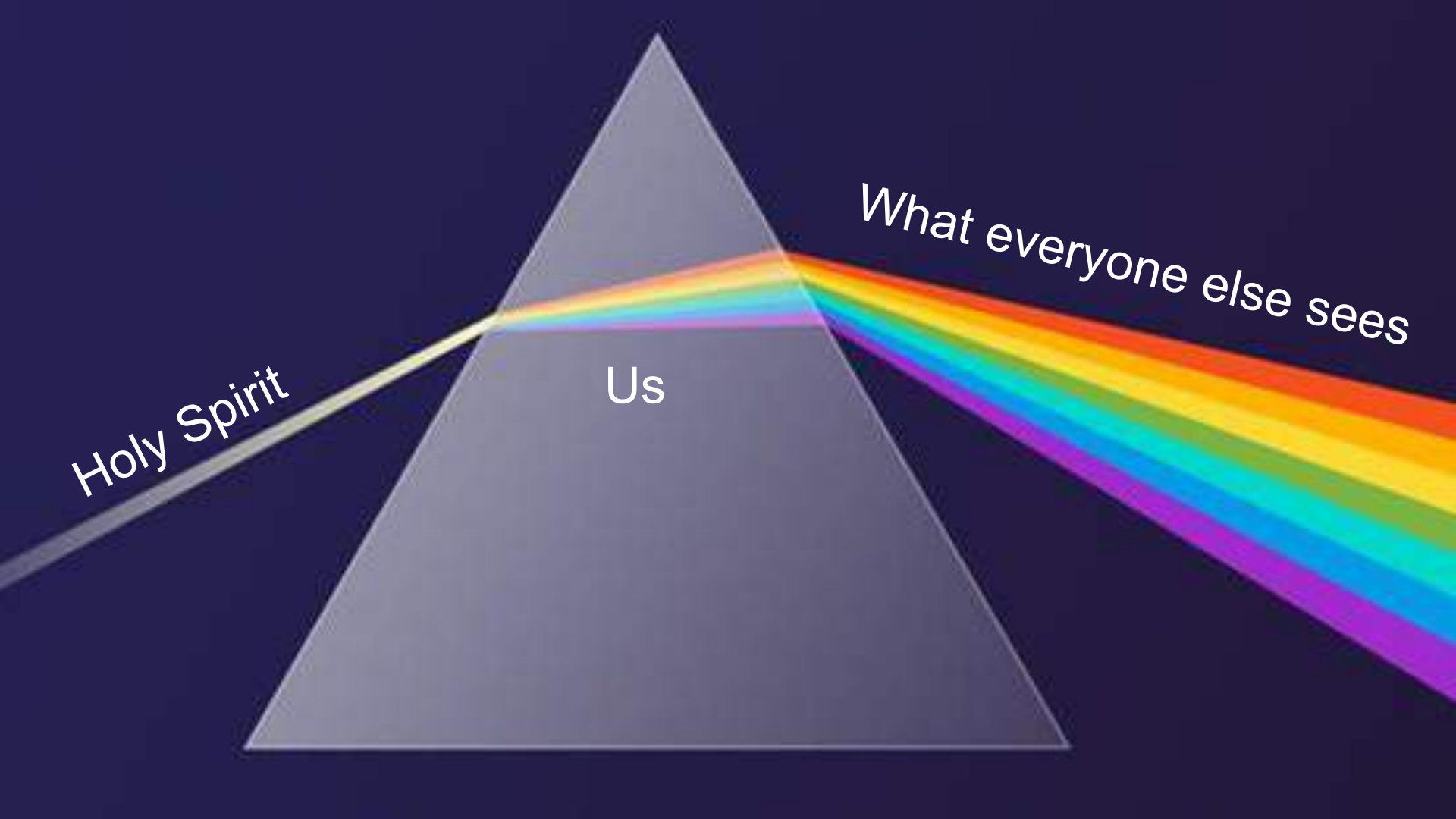
Comfort and joy

Joy - part of the fruit of the spirit

But the fruit of the Spirit is

- love,
- joy,
- peace,
- patience,
- kindness,
- goodness,
- faithfulness,
- gentleness and
- self-control;





Holy Spirit

Us

What everyone else sees



- Love
- Joy
- Peace
- Patience
- Kindness
- Goodness
- Faithfulness
- Gentleness
- Self-control*

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

Galatians 5:1 NIV

You, my brothers and sisters, were called to be free.
But do not use your freedom to indulge the flesh;
rather, serve one another humbly in love.

Galatians 5:13 NIV

Let me emphasize this: As you yield to the dynamic life and power of the Holy Spirit, you will abandon the cravings of your self-life.

When your self-life craves the things that offend the Holy Spirit you hinder him from living free within you! And the Holy Spirit's intense cravings hinder your self-life from dominating you!

So then, the two incompatible and conflicting forces within you are your self-life of the flesh and the new creation life of the Spirit.

But when you yield to the life of the Spirit, you will no longer be living under the law, but soaring above it!

The behavior of the self-life is obvious: Sexual immorality, lustful thoughts, pornography, chasing after things instead of God, manipulating others, hatred of those who get in your way, senseless arguments, resentment when others are favored, temper tantrums, angry quarrels, only thinking of yourself, being in love with your own opinions, being envious of the blessings of others, murder, uncontrolled addictions, wild parties, and all other similar behavior.

Haven't I already warned you that those who use their "freedom" for these things will not inherit the kingdom realm of God!

Gal 5 16-21 TPT

Comfort

True comfort v false comfort



All praises belong to the God and Father of our Lord Jesus Christ. For he is the Father of tender mercy and the God of endless comfort.

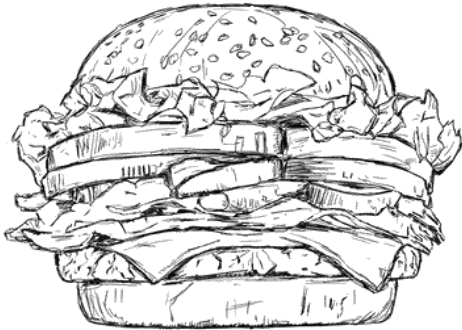
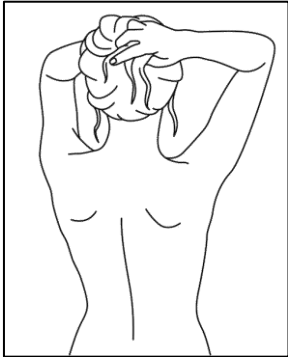
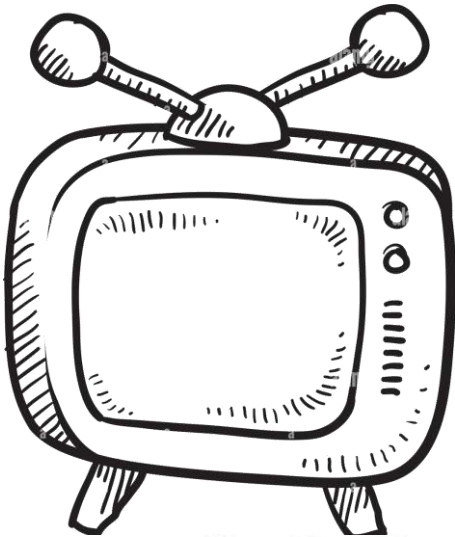
He always comes alongside us to comfort us in every suffering so that we can come alongside those who are in any painful trial.

We can bring them this same comfort that God has poured out upon us.

And just as we experience the abundance of Christ's own sufferings, even more of God's comfort will cascade upon us through our union with Christ.

2 Corinthians 1:3-5 TPT

Self medicate comfort?



The good I want to do I don't do
The bad I don't want to do, I do

“Are you weary, carrying a heavy burden?
Come to me. I will refresh your life, for I am your
oasis.

Simply join your life with mine. Learn my ways
and you’ll discover that I’m gentle, humble, easy
to please.

You will find refreshment and rest in me.

For all that I require of you will be pleasant and
easy to bear.”

Matthew 11:28-30 TPT