

# The Christ Cycle

with thanks to Craig Westhoff, Illuminated Soul podcast

## Resurrection



## Burial



## Death

## Gethsemane



## Crucifixion



# Gethsemane

The oil press  
Vulnerability  
Honest self-examination  
Whose will am I living from?  
Release  
Surrender (it starts in the will / mind)

Luke 22:42  
Not my will but yours be done



# Crucifixion

Self denial  
A place of pain  
Partnering with Jesus through suffering

## 2 Corinthians 4:10

Through suffering our bodies continue to share in the death of Christ so that the life of Christ can be seen in our bodies



# Death

A final letting go  
Acknowledging that good (resurrection) will come from this



## John 12:24

Unless a kernel of wheat falls to the ground and dies it remains a single seed.  
But if it dies, it produces many seeds.

# Burial

Dormancy  
Silence  
Waiting  
Easter Saturday  
We hate the inactivity and  
uncertainty of burial

Psalm 97:2  
Clouds and thick darkness surround him

Psalm 74:9(b)  
... and none of us knows how long this will be



# Resurrection

Times of new awakenings  
New understandings  
We cannot make this happen - has to be the timing of God





**Resurrection**

**Relationship  
with God**

**Emotions**

**Gethsemane**



**Emotions**

**Work**



**Relationships  
with others**

**Emotions**

**Emotions**

**Health**

**Burial**



**Finances**



**Death**

**Gifts**

**Crucifixion**



Philippians 3:10

I want to know Christ and experience the mighty power that raised him from the dead...

...I want to suffer with him, sharing in his death, so that one way or another, I'll experience the resurrection from the dead

**What if there is an intimacy with Christ only available through suffering?**