

**You are the God who sees me**

**El Roi (Hebrew)**

**Abram and Sarai**

**Hagar**

She gave this name to the Lord who spoke to her: “You are the God who sees me,” for she said, “I have now seen the One who sees me.”

That is why the well was called Beer Lahai Roi (Genesis 16:13-14)

**Psalm 23: “The Good Shepherd”**

**Psalm 139: “The God who sees me”**

You have searched me, Lord, and you know me.  
You know when I sit and when I rise;  
You perceive my thoughts from afar.  
You discern my going out and my lying down;  
You are familiar with all my ways.  
Before a word is on my tongue you, Lord, know it completely.  
You hem me in behind and before, and you lay your hand upon me.

**God is omniscient**

Where can I go from your Spirit? Where can I flee from your presence?  
If I go up to the heavens, you are there;

if I make my bed in the depths, you are there.

If I rise on the wings of the dawn, if I settle on the far side of the sea,  
even there your hand will guide me, your right hand will hold me fast.

God is omnipresent

If I say, “Surely the darkness will hide me and the light become night around me,” even the darkness will not be dark to you; the night will shine like the day, for darkness is as light to you.

For you created my inmost being; you knit me together in my mother’s womb...

My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth.

Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be.

## Three different ways to see Everest

From the south

From the north

From space

## Three different ways to see myself

How others see me

How I see me

How God sees me