

Who wants to be a Spiritual Millionaire?

Dealing with struggles or challenges

Staying the course

Phone a Friend - talk to God, Jesus, Holy Spirit

Ask the audience - help from Church family

50:50 - making choices



Phone a friend

- Talk to God, Jesus, Holy Spirit
 - Listen to Christian music
 - Read the bible
 - Quiet time
 - Pray

Listen to Christian music

Why?

- It can inspire you, uplift you and draw you closer to God
- Music can determine your behaviour and move us emotionally
- Music can shape your relationships and reflect your heart

Praise music - thanking God for his goodness, faithfulness

Worship music - adoration of God, deeper relationship

Sources

- Church meetings
- CD, Streaming services
- Christian Radio - Premier Christian and UCB

Read the Bible

Psalm 119: 105 Your Word is a lamp unto my feet and a light for my path

Why?

- Deeper understanding of our Faith
- Grow in relationship with God
- To be challenged by Scripture
- To be equipped by Scripture
- To be strengthened by Scripture
- Connects us with our fellow Christians

Read the Bible

How?

- Daily
- With small groups and friends
- During Church meetings
- Use study guides
- Use bible aides
 - *Every day with Jesus*
 - *Bible in a year*

Quiet Time

Psalm 46: 10 Be still and know that I am God

Mark 1:35 Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed

Why?

- To get away from distraction
- Uninterrupted time
- At times, your soul will yearn for these quiet times

Quiet Time

Matthew 6:6 But when you pray, go into your room, close the door and talk (pray) to your Father, who is unseen

- Find a regular time, method or approach that works for you
- Use guides, texts or bible verses to assist you
- Don't beat yourself up

Pray

Philippians 4:6-7 Do not be anxious about anything, but in every situation, by prayer and petition with thanksgiving, present your requests to God

Why?

- To communicate (connect personally) with God
- Grow closer to him
- To make requests (petition)
- To support others in circumstances

Pray

How?

- In public
- In private
- Just talk to God, Jesus and the Holy Spirit

Tips

- Focus - On God, situation
- Use techniques (e.g.) finger prayer
- K.I.S.S.

Footprints

One night a man had a dream.

He dreamed he was walking along the beach with the Lord.

Across the sky flashed scenes from his life. For each scene, he noticed two sets of footprints in the sand:

one belonging to him, and the other to the Lord.

When the last scene of his life flashed before him,

he looked back at the footprints in the sand. He noticed that many times along the path of his life there was only one set of footprints.

He also noticed that it happened at the very lowest and saddest times in his life.

This really bothered him and he questioned the Lord about it.

"Lord, You said that once I decided to follow you,

You'd walk with me all the way.

But I have noticed that during the most troublesome times in my life, there is only one set of footprints.

I don't understand why, when I needed you most, you would leave me."

The Lord replied,

"My son, My precious child, I love you and I would

never leave you. During your times of trial and suffering, when you see only one set of footprints,

it was then that I Carried You."